

KAYAKERS CLOTHING

Checklist

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- ☐ Sun-shielding hat
- ☐ Swimwear
- □ Neoprene shoes
- ☐ Rashguard
- ☐ Fleece jacket or vest
- □ Cap retainer leash
- □ Spray jacket
- □ Bandanna or buff
- ☐ Paddling gloves

Cold weather/water

- ☐ Long underwear
- □ Dry suit or top (very cold water)
- ☐ Wetsuit
- ☐ Pogies (coverage for hands)
- ☐ Wool/synthetic cap
- ☐ Artificial or woollen socks